

# Residential Aged Care Services

## Country living and care at its best

Country Health Connect has a number of residential aged care facilities in unique country settings with landscaped gardens. Our facilities offer the chance to create a home away from home for every one of our residents. Many of our facilities have rooms for singles and couples set in beautiful surroundings.

Our services are strongly grounded in the local community and participating in community events is very important to staff and residents alike. We make sure that a sense of community is developed through activities scheduled in our centres each day.

Our staff will work with you to identify a personalised and structured Lifestyle Plan that builds on your strengths and makes the most of your life experience and areas of interest.

Research shows that people who are active and socially connected are happier and have a better sense of wellbeing.

Many of our facilities are co-located with the local public hospital to provide additional support. You or your loved one will be able to easily access comprehensive, clinical care when it's needed, along with services like physiotherapy, podiatry, counselling and occupational therapy.

***"I really do feel at home here with my treasured things around me and people to share experiences with."***

*—Betty, Loxton SA*



Our Healthy Lifestyle teams' approach will help you remain physically, mentally and socially active. And whilst you are in a home with others, our teams make it feel like a home away from home where those treasured things are still around you.

Country Health Connect are leaders in dementia care, equipped to meet the needs of people living with the challenges of dementia and trained in the very latest way to support people and their families to thrive.

Many of our sites have access to exercise programs and opportunities for rehabilitation, with staff trained in restorative care approaches and best practice care.

Families and friends remain integral to everyday life within the home with plenty of opportunities for all generations to come together over coffee and join in with activities in the social calendar.

To find out more about the residential care options in your location, please call **1800 944 912**.



**COUNTRY  
HEALTH  
CONNECT**

**Call us on 1800 944 912**

**[www.countryhealthconnect.sa.gov.au](http://www.countryhealthconnect.sa.gov.au)**

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