# Home Care Packages Your choice. Your way.

## Sometimes life in your own home can get complicated and the supports you need to stay safe and independent need to be increased.

Country Health Connect is experienced at helping you decide when you or a loved one might need to seek that extra level of support.

Our dedicated teams across Country South Australia offer four levels of Home Care Package starting with the basic level one option through to the more complex level four support.

#### Already approved?

If you have already been advised by letter that you have a Home Care Package approved please call us on **1800 944 912** to discuss the next steps.

### Already have a package but wish to move to Country Health Connect?

If you are already receiving Home Care Package services from another provider and wish to move to Country Health Connect we can take all stress away and facilitate that for you. Call our friendly team to explore how easy this is.

We will make sure that the provision of care is seamless throughout the transfer and we will work with the other provider to ensure you get your full remaining fund allocation transferred with you.

#### About home care packages

Home Care Packages provide a funding allocation from the Australian Government that allows you or your loved one to purchase the services and supports you choose to meet your care life goals and aspirations.



Services are tailored to assist you to maintain independence and continue to participate in activities which are important to you.

A range of care and services can be included, such as assistance with:

- Activities of daily living
- · Nutrition, meal preparation and diet
- Support services, including help around the home
- Clinical care and specialist advice
- Respite care
- Mobility and dexterity
- Leisure interests and activities

Home Care Packages are offered following an Aged Care Assessment that is arranged by the My Aged Care team. Once assessed as eligible you will be placed on a national waiting list until a package is available for you.

If you feel that you or a loved one would benefit from access to a Home Care Package then simply call us on **1800 944 912** and we can step you through the assessment and application process.





