

Help at Home

Care where it's needed

Country Health Connect knows how important staying at home is for us all and we are able to structure support services around you or your loved ones to make this possible.

We offer basic level support through our **Home Support Program**, and more complex care in the home through our **Home Care Package Program**.

We can tailor our service to meet your needs.

Our professional and well-trained nurses, support workers, coordinators and allied health professionals are specifically trained to work with you to find solutions to keep you well and independent at home - simply talk to us and we will do the rest.

Staying connected

We understand that staying active and engaged in the community is an important part of remaining well and independent; particularly in rural areas. We can help you meet and make friends, learn new skills and be more physically active.

Country Health Connect holds activity groups across South Australia and is linked into other community services like men's shed, craft and special interest groups.

Looking after you

Our fully trained and caring staff can provide a range of domestic services and clinical care so that you can continue to keep doing the things you care about in and outside your own home.

Personal care - including help with meals, showering, dressing and moving about the house.

Help around the home - including cleaning, laundry, gardening and shopping.

Safe environment - options for home modifications and mobility equipment.



Clinical care - nursing and therapy services including physiotherapy, podiatry, occupational therapy, counselling and advice about nutrition.

Respite care - we can help with options for in-home, day centre and overnight respite to support you or your loved one.

How it works

Anyone of any age or ability may be eligible to access our services. We recognise that it's important for you to know what to expect from us and so our team will discuss your initial requirements to understand your needs.

If you are likely to be eligible for one of our services, our team will advise you of the next steps which may include a referral to the My Aged Care contact centre or to the National Disability Insurance Scheme.

Funding your care

We know that paying for your services can be daunting. While you may be asked to contribute towards the cost of some services we can guide you through the application process, where applicable and discuss financial support options if required.

How much you are asked to contribute will depend on the services you need and your eligibility for Commonwealth or State financial assistance.



**COUNTRY
HEALTH
CONNECT**

Call us on 1800 944 912

www.countryhealthconnect.sa.gov.au

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**Government
of South Australia**

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